The Right Balance: www.myMERITAIN.com

24-hour access to tools you can really use at www.myMERITAIN.com.

We’ve improved your personalized Meritain Health member Web site! Still your one-stop-shop for access to your health plan information, our site’s look and feel has been updated to provide you with a nicer experience.

We’re committed to providing you with all the basics you expect, along with added features to support a healthy lifestyle, assist you with medical decisions, and give insight into the maximization of your healthcare dollars.

At www.myMERITAIN.com you can:

■ Look up health and wellness topics in our online medical library.
■ Keep track of any healthcare accounts you have, like flexible spending account (FSA) benefits, health savings account (HSAs) or health reimbursement account (HRAs) if applicable.
■ Find the status of a claim.*
■ Take a health risk assessment to learn how you’re doing and how you can improve your health.
■ Benefit from online health coaching.
■ Search for and compare hospital quality ratings.
■ Find network doctors, clinics and hospitals.
■ Look up prescription and over-the-counter drug information.
■ Check the cost of procedures you’re considering.
■ Order ID Cards.

Register today!
Go to www.myMERITAIN.com to log in to our secure site.

Return users, just sign in using your username and password. The first time you use the site, you will be prompted to re-register with a new username and password for enhanced security. Then take advantage of the smart, safe resources your health plan offers, right at your fingertips.

New users, follow the step-by-step instructions, beginning by clicking on the ‘Create a new user account’ link. You’ll need your health plan ID Card the first time. Remember, each member of your family can have an account, too.

For more information, please contact Meritain Health Customer Service at the number listed on your ID Card.

*Members over 18 years of age have partially protected information according to HIPAA Privacy Regulations.

-Members over 18 having difficulty creating an account with their SSN, please contact Meritain Health using the customer service phone number on your ID card.